

10 SURPRISING VEGETABLE TRIVIA FACTS



Did you know that the tomato is actually a fruit, not a vegetable?

The potato is the most widely grown vegetable in the world, with over 300 million tons produced each year.



Carrots were originally grown for their aromatic leaves and seeds, not their roots.

The sweet potato is not related to the potato, despite their similar names and appearance.



The humble onion is actually a member of the lily family, which also includes garlic and shallots.

The green bean is a type of legume and is also known as a string bean or snap bean.

The eggplant is a nightshade vegetable and is closely related to tomatoes and potatoes.



The bell pepper is actually a fruit but is commonly referred to as a vegetable due to its savory flavor.



The cabbage is a cruciferous vegetable, which is known for its numerous health benefits.